

April 2019

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services

SD Department of Education



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The Grapevine—A Note From Cheriee

As we welcome the month of April, many of our sponsor agencies and schools are facing issues with flooding as well as our neighboring states. I am checking the news frequently to make sure friends, family, and neighbors are safe as many of you are also doing. This month I wanted to provide a reminder of the role CANS can play in situations of distress and disaster.

Did you know that Child and Adult Nutrition Services runs three different food distribution programs? The Food Distribution Program in schools, Commodity Supplemental Food Program (also known as Senior boxes that are distributed by food banks), and The Emergency Food Assistance Program (which provides commodity food to food banks and food pantries throughout the state).

The Food Distribution Program in schools allows schools to receive federal entitlement to purchase foods for use in their school meal programs. During disasters or "situations of distress" (disasters that do not receive a presidential disaster declaration), USDA Foods can be used to help feed the community through "congregate" (meaning crowds or group) feeding. The most common congregate feeding occurs when people cannot live at home and must temporarily move into a shelter or hotel. This process usually involves the Red Cross or Salvation Army to help get people the assistance they need.

There are some rules to using USDA Foods for congregate feeding, the main one is to ask and receive preapproval from CANS <u>before</u> you use the food. In some cases, we may have to get preapproval from the USDA. We will help you get the information you need to make sure you are compliant with program rules while helping feed your local community.

There is a lot of information available, below are some of the most useful resources:

- For more information about using USDA Foods for congregate feeding please read this one page flyer: https://fns-prod.azureedge.net/sites/default/files/USDA-Foods-bisaster.pdf
- For a copy of the complete USDA Foods Program Disaster Manual: https://fns-prod.azureedge.net/sites/default/files/fdd/disaster-manual.pdf
- You can find even more information about food assistance for disaster relief on the USDA FNS website at: https://www.fns.usda.gov/disaster/disaster-assistance
- For more information about all USDA disaster nutrition assistance programs (there are more USDA resources beyond what CANS can help with), please read the brochure found at this link: https://fns-prod.azureedge.net/sites/default/files/disaster/Disaster-Brochure.pdf

Darcy has a little bit more information in the <u>Food Distribution Program</u> part of the bulletin, be sure to check out her information and suggestions. We are also developing a Disaster kit that will help sponsors on the Food Distribution Program get prepared ahead of the next disaster.

On a happier note, our staff created a short (8 minute) video that provides a brief overview of all the different programs and services offered through our office. If you have a few minutes handy, check it out on the CANS website https://doe.sd.gov/cans/index.aspx. Please take care and be sure to reach out to us at (605) 773-3413 if you have any questions about disaster feeding.

-Cheriee Watterson

South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.



Brandon Valley School District Farm to School Program

The Brandon Valley School District's Farm to School Program has been featured in the Argus Leader. The school district has been working with Cherry Rock Farms to make Farm to School a reality for their district! In April, the owners of the farm will head to Fred Assam Elementary to help the students plant small gardens in milk cartons! Check out the Argus Leader article "Farm to School Program Finds Fertile Ground in Brandon" to read the full story!

Check in With CANS Monthly Conference Call SY 18-19 Dates

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the Child Nutrition Programs and the Food Distribution Program in schools. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- April 4th
- May 2nd
- June 6th (tentative)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, http://doe.sd.gov/cans/index.aspx, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

Fresh Fruit and Vegetable Program (FFVP) - 2019-20 Application Request

If an elementary school from your district is interested in participating in the FFVP for SY19-20, please click the Application Request link and provide contact information. The contact person will be notified when applications become available. Selection for the program is primarily based on the free/reduced eligibility percentage from October 2018.

FFVP 2019-20 Application Request

2019-20 Fresh Fruit and Vegetable Program - Application Request The Fresh Fruit and Vegetable Program provides funds to elementary schools for purchase of fresh fruit and vegetable snacks. Preference of site selection is given to high free/reduced eligibility from the most recent October.

The service of the FFVP must be provided during the school day, and not served in conjunction with other federal programs (cannot be served at the same time as breakfast, or lunch). Also, the service of fresh fruits and vegetables cannot be served with accompaniments (fruits and vegetables cannot be served with juice, milk, bread, etc.). FFVP dollars cannot be used to cover the cost of fruits and vegetable served at lunch or breakfast service. Additionally, the FFVP must be scheduled to be provided at least twice per week.

NOTE: All current participants will be automatically invited, once applications are available.

Please feel free to contact Rob Ingalls (rob.ingalls@state.sd.us) with any questions, or check out resources on the CANS-FFVP webpage.

Professional Standards Flexibility—NEW

For NEW food service directors

As of March 1st, the Food and Nutrition Service released a Final Rule titled, "Hiring Flexibility Under Professional Standards." This final rule <u>adds flexibilities</u> to the hiring standards. These flexibilities are located under the professional standards guidelines for the National School Lunch and School Breakfast Programs:

- **First**, to focus on hiring challenges met by small LEAs (2,499 or fewer_students), this rule requires "related food service" experience rather than "school nutrition program" experience.
- Second, it provides State agencies with decision to consider documented volunteer or unpaid work as related experience in Local Education Agencies with <u>2,499 or fewer</u> students.
- **Third**, it gives State agencies decision to accept "less than" the required years of food service experience, in an LEA with <u>fewer than 500 students</u>, when an applicant has the minimum required education.
- Lastly, the SFA will be allowed to use the Nonprofit Food Service Account to pay for the salary of a School Nutrition Program Director who does not meet hiring standards so long as the SFA is complying with State Agency approved plan to ensure the director will meet

professional standards requirements.

These changes should expand the pool of applicants qualified to serve as leaders in the school nutrition programs while continuing to ensure that school nutrition professionals can perform their duties effectively and efficiently.

The changes take effect April 30, 2019.

The Final Rule is available at: https://www.federalregister.gov/documents/2019/03/01/2019-03524/hiring-flexibility-under-professional-standards.

Feel free to send questions to DOE.SchoolLunch@state.sd.us or call (605) 773-3413.

Interest Grows With Farm to School: American Indian Traditional Foods

Schools and Native American Tribes across the country are offering traditional foods such as bison, venison, fish, potatoes, wild rice, berries, and ancient varieties of squash and corn into their school meal programs and providing complementary educational activities that teach students about nutrition and Native American food traditions. The use of traditional foods has been shown to increase school meal participation, fruit and vegetable consumption, and students' knowledge and awareness of food and culture. To learn more about how your school can incorporate traditional foods into your program check out these great resources:

- <u>Reclaiming Indigenous Food Relationships: Improving Health with Culture</u> is a resource that recognizes and honors cultural food ways as being central to life. This webinar serves as a valuable tool for integrating culture into restoring health for American Indian people. Thanks to the efforts of The <u>Great Plains Tribal Chairmen's Health Board</u> and the <u>American Indian Cancer Foundation</u>, a recording of this webinar is available <u>here</u>.
- Thanks in part to funding made available from a USDA Farm to School grant, The
 Wisconsin Department of Public Instruction recently released American Indian Traditional
 Foods in USDA School Meals Programs: A Wisconsin Farm to School Toolkit. This toolkit
 highlights traditional foods that are common in Wisconsin, such as berries, bison, fish, and
 venison. To learn more visit their Farm to School Traditional Foods webpage.

USDA Foods Recalls—Webinar

The UDSA Food Distribution Division will be hosting a webinar on **USDA Foods Recalls** on April 11 at 2pm CT / 1pm MT.

Webinar Details

Title: USDA Foods Recalls

Date: April 11, 2019

Time: 2:00 pm CST / 1:00 pm MST

Description: This webinar will describe how to manage a USDA Foods recall. Every food recall is different, but they all unfold quickly and require accurate communication and action to prevent illness or injury to students and staff. During the webinar, you will learn about procedures for managing a USDA Foods recall from a State and school level, understand what information is required and resources available to assist you. **The target audience for this webinar is State agencies and schools.**

Click this link to register!



Building for the Future with CACFP

Upcoming CACFP Training Workshops

We are currently in the process of creating the 2019 CACFP training. These training sessions are designed for agencies that claim meals under the CACFP. The formal announcement and registration information was sent to CACFP agencies via email on March 15, 2019. Registration will be handled through survey monkey. Those links are posted on our website at http://doe.sd.gov/cans/cacfp.aspx#. You will need to scroll down to the training section of the website and then select the workshop and then date/location that you wish to attend. The links were also sent via email.

Note, again these workshops are for agencies that participate in the Child and Adult Care Food Program. During these workshops we <u>do not</u> cover requirements related to the National School Lunch Program, School Breakfast Program, Special Milk Program, Fresh Fruit and Vegetable Program, Seamless Summer Program, or Summer Food Service Program. If your agency participates in those programs, you should contact the Child and Adult Nutrition Services (CANS) office to ask what training opportunities are available for your agency or school.

The dates and locations of the <u>CACFP Basic Administrative</u> training are as follows:

•	April 24	Administrative	Sioux Falls	Sioux Falls School District
•	May 7	Administrative	Rapid City	Youth & Family Services
•	July 9	Administrative	Pierre	MacKay Building

The dates and locations of the <u>CACFP Basic Food Service</u> training are as follows:

•	April 25	Food Service	Sioux Falls	Sioux Falls School District
•	May 8	Food Service	Rapid City	Youth & Family Services
•	July 10	Food Service	Pierre	MacKay Building

The dates and locations of the <u>CACFP Plus!</u> training are as follows:

•	May 9	Rapid City	Youth & Family Services
•	May 10	Rapid City	Youth & Family Services
•	May 21	Aberdeen	YMCA of Aberdeen
•	May 22	Watertown	Lake Area Technical Institute
•	June 5	Sioux Falls	Augustana University

June 6 Sioux Falls Augustana University

• July 11 Pierre MacKay Building

• June 19 Mitchell Technical Institute

Mealtime Memos for Child Care

The March 2019 issue of *Mealtime Memo for Child Care*, the monthly newsletter that includes menus, recipes, and activities related to child care, is now online at https://theicn.org/icn-resources-a-z/mealtime-memo/. The March 2019 issue is titled **The Importance of Breakfast.**

Summer Food Service Program—Rates, Applications, and Operational Trainings

The 2019 Summer Food Service Program rates have been posted in the Federal Register and 2019 South Dakota SFSP Brochure lists them and they found at the DOE Summer Food Service website under *Useful Links*.

The iCAN SFSP Application Packet will be open soon, emails are being sent directly to those in administration training attendance from each sponsor. Target date for completion is April 25, 2019. Make sure those sponsors who will be needing an advance email the SFSP team members to give them notice.

The Summer Food Service Program has received registrations and the optional SFSP Operational workshops are being held this month. The trainings covering the SFSP Meal Pattern and site supervision are being held in Mitchell on April 16 and Pierre on April 30.

Those planning menus for summer field trips take note of <u>USDA Policy Memo SP8-2019</u> <u>CACFP2-2019 SFSP2-2019 Update of Food Crediting in the Child Nutrition Programs</u>. In addition, check out the updated tools from <u>USDA Food Buying Guide for Child Nutrition Programs</u> to aide in summer menu preparations.

Food Distribution Program

DoD FFAVORS

The steps outlining the FFAVORS Complaint process has been posted on the CANS website at http://doe.sd.gov/cans/fdp.aspx under documents and useful links.

Disaster Preparedness

Recent flooding in South Dakota and surrounding states has made disaster preparedness a top priority. As part of the Federal Emergency Response Plan, USDA's FNS Food Distribution Division has the primary responsibility of supplying food to disaster relief organizations such as the Red Cross and the Salvation Army for mass feeding or household distribution. Federal Regulations still apply, and USDA Foods cannot be distributed without State Agency Approval. Emergency situations can be chaotic but being prepared is the best defense when disaster strikes. It is important that **local emergency officials** have schools contact information. There are great disaster resources at the following links including an emergency readiness plan template.

- http://www.theicn.org/
- http://www.fns.usda.gov/fdd/programs/fd-disasters

Please look at your emergency procedures and/or plan to update any information necessary.

Summer Reminder

Freezer and cooler temperatures should be monitored throughout the summer.

Follow these steps if your freezer breaks down:

- 1. Take inventory of the out of condition USDA Foods
- 2. Report the loss of USDA Foods to the Child and Adult Nutrition Services Office
- 3. Keep records

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

No new policies have been issued for Child & Adult Care Food Program since the last bulletin. Current policies can be found at http://www.fns.usda.gov/cacfp/policy (CACFP memos).

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at http://www.fns.usda.gov/school-meals/policy. **Two** new policies have been issued since the last bulletin.

Date	Document #	Title
03/18/2019	SP15-2019	FY 2019 NSLP Equipment Assistance Grants for School Food Authorities
03/18/2019	SP16-2019	School Breakfast Program: Substitution of Vegetables for Fruit

Summer Food Service Program

No new policies have been issued for Summer Food Service Program. Policies can be found at http://www.fns.usda.gov/sfsp/policy.

Food Distribution

Two new policies have been issued for food distribution programs since the last bulletin. Food Distribution policies can be found at http://www.fns.usda.gov/fdd/policy.

Date	Document #	Title
03/08/2019		CSFP – Implementation of the Agriculture Improvement Act of 2018 (P.L. 115-334)
02/27/2019	FD-145	USDA Foods Processing Program

Contact CANS

For any questions, comments, or concerns

Email: <u>DOE.SchoolLunch@state.sd.us</u>

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the <u>SD Tracker Tool</u> posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.